

Пластовий Літній Табір 2014-2015

November 06, 2014



Дорогі пластуни, батьки та прихильники!

Dear Plastuny, parents and friends!

We have an exciting and action-filled program planned for this year's Victorian Stanychnyi Plast Tabir to be held at Sokil from Friday, 26 December 2014 to Saturday, 3 January 2015.

The theme of Tabir this year is “**Останній герой!**” “**Last Hero - Survivor!**” so come along to Sokil and join in the fun, the challenges and the fantastic experiences available to participants in this year's Tabir.

With exciting, tailored programs for **Пташенята** (*Ptasheniata*), **Новацтво** (*Novatstvo*) and **Юнацтво** (*Yunatstvo*) and a welcoming environment for parents in **татівка** (*tativka*), Tabir offers something for all.

Показовий день (Camp Open Day) will be held on Thursday Jan 1, 2015 and the program on that day includes **liturgy** and traditional **Пластова Ялинка** for lunch.

Whilst this Tabir is organised by Plast Victoria, it is open to all Plastuny, and we look forward to enjoying our camp with as many interstate visitors as possible!

Please find enclosed your family's **Tabir pack** which includes:

- a summary of the Ptasheniata, Novatstvo and Yunatstvo programs;
- an equipment list for each pid-Tabir; and
- camp registration, medical and permission forms together with costs and payment details.

Remember extra copies of the Tabir pack are available at www.plast.org.au.

Electronic Funds Transfer is the preferred methods of payment:

Name: Plast Ukrainian Scouts in Victoria Ltd
BSB: 704 235
Acct No: 00016045

Please add your Family name to the Reference / Description field when making the transfer.

Information sessions will be held at UPN and UPY skhodyny at North Melbourne on the following dates:

UPN: Nov 29th 1:30 – 2:00 pm
UPY: Nov 22nd 1:30 – 2:00 pm
Dec 6th 1:30 – 2:00 pm

Registration forms (and cheque payments if not paying by EFT) can be handed to the Camp Commandant at those sessions.

Otherwise send your registration forms via email to vicadmin@plast.org.au or by snail mail to:

PLAST Treasurer
PO Box 250
Niddrie, VIC 3042

If paying by cheque, please make cheques payable to:

Plast Ukrainian Scouts in Victoria Ltd

Please send any queries to the email address shown below.

Pl. Sen. David Hassett
Tabir Commandant
vicadmin@plast.org.au

Please note the following key dates for your diary!

KEY DATES:

| | |
|---------------------------|--|
| Friday, 5 December 2014 | Lodge forms and pay in full to take advantage of the 'Early payment discount' . <i>This makes it easier for us to organise the equipment and logistics of tabir and provides you with a substantial saving.</i> |
| Friday, 19 December 2014 | Lodge forms and payment for the standard Tabir price . <i>Payments after this date will incur a substantial surcharge as extra costs are incurred with last minute registrations!</i> |
| 26 December 2014 | Tabir Commences Formal Пташенята (Ptasheniata) program begins |
| 31 December 2014 from 4pm | Communal New Years Eve Dinner and celebrations. Families wanting to visit Tabir for Open Day are especially welcome to come the night before and join in the celebrations. Please advise in advance to assist with catering for New Years Eve dinner! |
| 1 January 2015 | Holy Liturgy, Camp Open Day and Пластова Ялинка (Lunch) Bring the grandparents, family and Plast friends! |
| 3 January 2015 | Camp closes <i>Closing ceremony 10:30 am</i> <i>Pick up the kids!</i> |

IMPORTANT - FIRE PROTECTIVE CLOTHING - EVERYONE MUST BRING TO SOKIL!!!!!!!!!!!!!!

One pair of fully covering natural fabric pants, long sleeve jumper and towel to be used as protective clothing plus a drink bottle in case of a bush fire emergency

Location

Tabir will be held at the Plast Victoria Camping Ground "Sokil" which is approximately 1.5 hours drive from Melbourne. The property address is 425 Breakfast Creek Rd, Wensleydale. Melways Ref: 611 C10. Mobile phone coverage in the area is patchy and there is no reliable mobile phone reception at Sokil. The camp ground phone numbers are (03) 5288 7041 or (03) 5288 7393.



The quickest and easiest route to Sokil from Melbourne is via the Princes Freeway. Take the Geelong Bypass around Geelong and then the Princes Hwy towards Colac (orange on the above diagram). Take the left-hand turn towards Moriac on route C135, Cape Otway Rd.

Drive along this road through Moriac and Moddewarre. Eventually you will come to a left hand bend in the road with an embankment to your right; this is Wurdibuloc Reservoir. The road turns again to the right and immediately there is a turnoff to the left (there is a blue sign 'Sokil Retreat' on a sign post on the right-hand side of the road). This is Wensleydale Station Rd.

Proceed along this road until it changes to a gravel road. Proceed cautiously along the gravel road down into the valley. There is one intersection shortly after entering the gravel road - follow the sign for Breakfast Creek Rd. After ~4 kms you will cross a small bridge over a creek. The entrance to Sokil is about 100 m past the bridge on the left hand side.

Пташенята (Ptasheniata)

(2-6 years old)

Friday, 26 December – Monday, 29 December 2014

A formal Ptasheniata Program this year will run from Friday 26 December – Monday 29 December, and will be similar to past years. The emphasis is on having fun and becoming accustomed to the Plast way of life to prepare our little chicks for Новацтво (Novatstvo). An added bonus for parents is the re-connection with old friends and spending some 'quality time' with our families in the beautiful surrounds of Sokil.

As much as possible, activities will be tailored to the age of our chicks. Older chicks will have an opportunity to take part in activities with Novatstvo whilst younger chicks will have a more flexible program to take account of their different needs and abilities. Parental involvement is required for most, if not all, activities.

Whilst the formal program is scheduled only for the first few days, those families able to stay longer are encouraged to do so.

The program is offered to children under the age of 6 years. Please be advised, that the cost of our Ptasheniata program is subsidised by Plast, therefore children over the age of 6 are **not** catered for and are expected to join the Новацтво (Novatstvo) program.

We are very much looking forward to seeing you all at this year's Tabir and having some fun with you and your children!

Equipment

Participants are to bring their own camping equipment and children will sleep with their parents.

Новацтво (Novatstvo)

(7-11 years old)

Friday, 26 December 2014 – Saturday, 03 January 2015

The theme of this year's Табір for Новацтво (Novatstvo) is **Серце лева**, with activities for our lion-hearted novaky and novachky centering around survival skills and character development as well as plenty of plastuvannia, including an overnight hike where novaky and novachky will be cooking for themselves and carrying some of their equipment.

They will need a backpack large enough to carry water bottles, change of clothes, toothbrush, snacks, raincoat and for older novatstvo - their sleeping bags. Other equipment will be dropped off at the campsite. Regardless of weather forecasts, both sun hats and warm clothes are a must as it is often hot and sunny during the day but then quite cold at night at Sokil.

Equipment

- PLAST uniform **and scarf**
- Sleeping bag
- Sheet
- Pillow
- Pyjamas
- T-shirts
- 2 Jumpers (warm)
- 2 Shorts
- 2 Pants
- Japara/ waterproof jacket
- Bathers
- Sunscreen
- Sunglasses
- Sun Hat
- Beanie
- 1 x 2 Litre water bottle; or
2 x 1 Litre water bottles
- Songbook
- Pencil/ paper
- Torch
- Eating utensils (plate, bowl, cup, knife, fork, spoon, tea towel)
- Backpack for overnight hike
- One old shirt or art smock and pants that may get very dirty and need to be thrown out after tabir

Please leave lollies, food and electrical items (eg Mobile Phones and iPods) at home. If found they will be confiscated for the duration of Tabir.

Important Information

- **Please ensure that you fill out the medical forms appropriately. If your child suffers from asthma or severe allergic reactions you MUST provide a management plan from your family doctor!**
- **Fire Safety - Each participant must bring one pair of fully covering natural fabric pants, long sleeve jumper and towel to be used as protective clothing plus a drink bottle in case of a bush fire emergency.**

Юнацтво (Yunatstvo) (12-17 years old)

Friday, 26 December 2014 – Saturday, 03 January 2015

This year's Tabir is about proving yourself, both individually and as a part of your tribe. Are you the "Останній герой!" "Last Hero - Survivor!" of Yunatstvo?

The highlight of this year's Tabir is a hike through the Grampians. Yunatstvo will be split into tribes and each tribe will have their own hike trail. Can you work as part of a team in your tribe? Can you help your tribe to achieve its best?

Once back at Sokil a range of exciting activities are planned including:

- "Creatures of the Night" guided night walk
- High Ropes Course
- An Adventure Race

Are you up to these challenges?

Equipment for the Hike

- Plast Scarf
- Rucksack – 50 to 70 Litres, including Heavy Duty Garden Style Garbage bags (x2) for lining your pack
- Hiking Boots
- Water Bottle(s)/Camel packs (**Minimum 3 L total capacity**)
- Sleeping Bag
- Sleeping Mat
- **WATERPROOF** jacket
- **Hat / Sunglasses/ Beanie**
- **HIKING** Tent (to be shared between 2 – 4 people). **If you can't carry it don't bring it**
- Cooking equipment to share between 2-4 people (Gas stove with spare gas canisters or Trangia with fuel)
- Billy / Metal manashka for cooking in on gas stove
- Pocket Knife, Cup, Bowl, Spoon
- Torch AND Spare Batteries
- Whistle, Compass
- Toiletries
- Personal First Aid Kit – incl. **SUNSCREEN**, insect repellent, Band-Aids, Blister Band- Aids
- Sandals OR Thongs OR Sand Shoes
- 1 pair shorts
- 3 pairs hiking socks
- 3 pair underwear
- 3 t-shirts (2 for hiking, 1 for sleeping in)
- 1 warm jumper (light weight and compactable)
- 1 Pair warm long pants
- **ONE PAIR THERMALS** (nights can be cold, even in summer)

Equipment for Tabir

- Full Plast Uniform including scarf, belt, socks
- Old Clothes
- Shorts, Long Pants
- Towel, Bathers
- Jumpers
- Tshirts, Long Sleeve Shirts
- **WATERPROOF** jacket
- Hat / Sunglasses/ Beanie
- Underwear
- Waterproof watch
- Thermals (top and pants)
- Socks (woolen and sport socks)
- Torch + Spare Batteries
- Whistle, Compass, Pocket Knife
- Toiletries
- Personal First Aid Kit - incl. **SUNSCREEN**, insect repellent, Band-Aids, Blister Band- Aids
- Runners and Sandals OR Thongs OR Sand Shoes
- Pens, Hardcover notebook
- Water Bottle (MINIMUM 2L capacity)
- Eating Utensils + Tea Towel
- Songbooks from previous tabory
- Repair kit (needle, threads, buttons, shoelaces)
- Handkerchiefs

Optional

Camera, Musical instrument, a small amount of spending money for any pit stops during the bus trips to and from the Hike.

Important Information

- **Please ensure that you fill out the medical forms appropriately. If your child suffers from asthma or severe allergic reactions you MUST provide a management plan from your family doctor!**
- **Fire Safety - Each participant must bring one pair of fully covering natural fabric pants, long sleeve jumper and towel to be used as protective clothing plus a drink bottle in case of a bush fire emergency**

Татівка (Tativka)

Friday, 26 December 2014 – Saturday, 03 January 2015

The татівка area at Sokil is specifically for Plast Parents and Старші Пластуни who would like to re-live the good times of previous camps and experience Tabir in a more relaxed fashion from their own tent or caravan.

Parents and Старші Пластуни are reminded that by camping in the Tativka area they are under the jurisdiction of the Main Komanda for the purposes of evacuation and fire safety procedures. Please respect the rights of other campers in the area by keeping noise and rubbish to a minimum. The concept of пластування is expected of all participants.

Parents and Старші Пластуни are encouraged to participate in the operation of the camp, including assistance in the kitchen, with food drops, hike transportation and first aid rooms. Volunteers are always welcome!

Please note that the camp does not begin until December 26, 2014. If you need to arrive at Sokil earlier than this date you must approach the Camp Commandant in advance as other groups may be using the camp ground prior to the start of Tabir.

New Year's Eve

This year's New Year's Eve celebrations will be centralised for ALL participants with a special banquet and then, weather and fire conditions permitting, a traditional Plast Vatra.

Показовий День & Ялинка

(Camp Open Day and Traditional Christmas Vigil Meal)

The Camp Open Day or Показовий День and Ялинка will be held on New Year's Day Thursday, 1 January this year to coincide with the available public holiday.

The day will begin at 10:30 am with liturgy followed by the traditional Plast Christmas Meal celebration Ялинка from 1:30 pm. There will be no other lunch meal served on this day. Tickets for visitors wishing to participate in Ялинка can be bought on the day.

We warmly invite all Plastuny, parents and friends to attend this annual event, complete with koliading, kutia, borscht and varenyky! So why not come on down to Sokil!

Pets

There is a strict **No Pets** policy at Sokil.

Camp Rosters

Camp only runs smoothly through the assistance of parents. Rosters will be drawn up for help with cooking (NYE and Open Day), driving scouts to various activity locations away from Sokil and for general cleaning. Please assist us by volunteering to help during camp.

Fires

Please note that Sokil is in an area considered by authorities to be of **HIGH** fire risk and the area is governed by CFA and local government fire restrictions.

THE DIRECTIONS OF THE CFA, FIRE WARDENS AND CAMP COMMANDANT MUST BE FOLLOWED!

No fires are allowed at Sokil without the explicit permission of the Camp Commandant.

All campers are required to purchase their meals for the camp and to join with other participants in eating in the Dining Area rather than cooking their own meals. Day picnics that don't require heating are allowed.

Insurance

Plast has public liability insurance for scouting activities undertaken by financial members of Plast throughout Australia. The surcharge applied to non-Plast members makes them a temporary Plast member for the duration of the camp and provides them with cover under Plast Insurance Policies whilst attending Tabir.

If you are not a Plast member and/or are concerned that this insurance may not be sufficient to cover your needs, please consider organizing your own insurance.

Tabir Fees

Please note that as of July 1, 2014 Plast is required to charge GST on all transactions. The fees below include the GST.

The standard fee for Plast members is \$450 per person with payment made and registration forms received by December 19, 2014. Plast is offering a \$50 per person discount for Tabir fees paid and registration forms received by Dec 6, 2014. A \$50 per person surcharge will be applicable to payments made and registration forms received after Dec 19, 2014. These fees cover all organised activities and meals for participants.

Plast needs to finalise its bookings for the hike and other activities by mid-December. Changes in the number of participants after this point increase the costs to Plast and makes organising supplies and logistics for Tabir much harder; hence, the discount for early payment and the surcharge for late payment.

The following table shows the fees for Plast members. To qualify for these rates Plast membership fees must already have been paid for the 2014-2015 financial year.

Camping Fees for UPN, UPY and Tativka

| | Registration and Payment... | | |
|--|-----------------------------|-----------------|--------------------|
| | By Dec 6, 2014 | By Dec 19, 2014 | After 19 Dec, 2014 |
| UPN/UPY/Tativka full camp (per person) | \$400.00 | \$450.00 | \$500.00 |
| Daily camping fee (per person) | \$70.00 | \$80.00 | \$90.00 |

If attendees are not paid-up financial members of Plast, please either pay your dues immediately or add an additional \$55/person for temporary Plast membership for the period of the Tabir.

Ptasheniata Program

Plast Victoria subsidises the Ptasheniata program. It is limited to children less than 6 years of age. From the age of 6 children should participate in the Novatstvo program.

| | Registration and Payment... | | |
|---|-----------------------------|-----------------|--------------------|
| | By Dec 6, 2014 | By Dec 19, 2014 | After 19 Dec, 2014 |
| 1 Parent/Grandparent + 1 Child (2-5 yo) | \$130.00 | \$155.00 | \$180.00 |
| 2 Parents/Grandparents + 1 Child (2-5 yo) | \$220.00 | \$250.00 | \$280.00 |
| Extra child (2-5 yo) | \$30.00 | \$40.00 | \$50.00 |
| Children < 2 yo | No Cost | No Cost | No Cost |

If attendees are not paid-up financial members of Plast, please either pay your dues immediately or add an additional \$30/person for temporary Plast membership for the period of the Ptasheniata program.

Ptasheniata participants wishing to stay beyond the organised program may do so for an additional fee of \$45/night for a single parent/grandparent or \$70/night for two parents/grandparents.

Making Payment

Electronic Funds Transfer is the preferred methods of payment:

Name: Plast Ukrainian Scouts in Victoria Ltd
BSB: 704 235
Acct No: 00016045

Please add your Family name to the Reference / Description field when making the transfer and, if possible, include a copy of your EFT receipt with your Registration, Medical and Permission Forms.

If paying by cheque, please make cheques payable to:

Plast Ukrainian Scouts in Victoria Ltd

And send them to:

**PLAST Treasurer
PO Box 250
Niddrie, VIC 3042**

Information Sessions

Information sessions will be held at UPN and UPY skhodyny at North Melbourne on the following dates:

UPN: Nov 29th 1:30 – 2:00 pm

UPY: Nov 22nd 1:30 – 2:00 pm

Dec 6th 1:30 – 2:00 pm

Please send any queries to vicadmin@plast.org.au

Registration, Medical and Permission Forms

Registration forms (and cheque payments if not paying by EFT) can be handed to the Camp Commandant at the information sessions.

Otherwise send your registration forms via email to vicadmin@plast.org.au or by snail mail to:

**PLAST Treasurer
PO Box 250
Niddrie, VIC 3042**

Tabir 2014-2015 Registration Form



Family Details

Родина / Family: _____

Адреса / Address: _____

Тел / Tel: _____

Моб / Mob: _____

E-mail: _____

I wish to receive information from Plast by e-mail

Зголошуємо нижчеподаних до табору / We wish to register the following for Tabir:

| Ім'я Name | Дата Нап. DOB | Вік Age | Please tick to indicate the program for each registrant | | | |
|--------------|------------------|------------|---|------------|------------|---------|
| | | | Ptash-eniata | УПН UPN | УПЮ UPY | Tativka |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |

Please provide a medical information form for each registered person.

Expected arrival date: _____

Expected departure date: _____

If you are not attending the full length of the Tabir, please tick whether you will be attending the following special events:

Показовий День (1/1/2015)

Пласт Ялинка (1/1/2015)

New Year's Eve

Emergency Contact Details

Please provide the name and contact details of a person to be contacted (not at the camp) in case of an emergency

Ім'я / Name: _____

Тел / Tel: _____

Моб / Mob: _____

Relationship to Participant: _____

Please read the following terms and conditions before signing the form at the bottom of the page. Your signature will be considered an acceptance of all these terms and conditions.

Plast Data Collection Policy

Plast collects a range of information for the purpose of planning and conducting scouting and youth activities and events for participants in Plast programs. It will be disclosed as appropriate to those planning and conducting activities only. Please assist us by informing us of changes to this information as soon as possible. All information will be kept securely and may be accessed upon request.

Authority of Camp Commandant and Camp Committee

I/We understand that the camp is conducted under the authority of the Victorian Plast Executive and its appointed camp committee. I/We accept that the camp commandant may make rules for the safe conduct of the camp and that all camp participant and attendees will be required to follow those rules.

Acceptable Behaviour

I/We acknowledge that acceptable standards of behaviour will be expected of all camp participants and attendees. I/We understand that in the event of my/our child/children serious misbehaviour during the camp or any camp activities, they may be sent home. I further understand that in such circumstances I/We will be informed and that any costs associated with their return will be my/our responsibility.

Authorisation for Medical Treatment

In the event that the camp administration cannot contact me/us, or it is otherwise impracticable to contact me/us, I/we authorize the camp administration to:

- Consent to the provision of such medical or surgical attention as may be deemed necessary by a qualified medical practitioner
- Administer such first aid as may be judged to be reasonably necessary

I/We understand that the costs associated with such treatment will be my/our responsibility

Travel

I/We give consent for my/our child/children to travel by Bus and on occasion private vehicle for the purpose of attending camp activities outside the camp grounds.

Use of Participant Images

I/We give
 do not give

permission for photographs or images of the people registered on this form to be used without acknowledgement, remuneration or compensation in various Plast newsletters and promotional materials including but not limited to the Plast web site, newsletters, posters, magazine and newspaper articles.

Parental Consent

I/We have read all of the information provided by Plast in relation to Tabir including all of the attached material.

My/Our signature(s) below indicates my acceptance of all of the terms and conditions associated with Tabir and my/our permission for me (if over 18 years) or my/our child/children to attend:

Parent/Guardian or if Over 18 years
Signatures:

Name: _____

Signature: _____

Date: _____

Tabir 2014-2015 Medical Information Form

All information provided is held in confidence and only used for the purpose of providing appropriate care in the case of a medical emergency.

If any of the information provided changes please inform Plast as soon as possible as a lack of information or outdated information may compromise treatment and put health at risk.

Personal Details

My or Child's full name: _____

Date of Birth: _____ Age: _____

Parent/Guardian's full name: _____

Address: _____

Tel: _____ Mob: _____

Medicare No: _____ Expiry Date: _____ Ref No: _____

Medical/Hospital Insurance Fund: _____ Membership No: _____

Emergency Contact Details

Name: _____ Relationship: _____

Tel: _____ Mob: _____

Family Doctor Details

Name: _____

Address: _____

Tel: _____

Medical History

Please indicate if the individual suffers any of the following:

- | | | | |
|---|---|--|-----------------------------------|
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Bed wetting | <input type="checkbox"/> Blackouts | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Dizzy spells | <input type="checkbox"/> Fits of any type | <input type="checkbox"/> Heart condition | <input type="checkbox"/> Migraine |
| <input type="checkbox"/> Sleepwalking | <input type="checkbox"/> Travel sickness | | |
| <input type="checkbox"/> Other, please specify: _____ | | | |

if your child suffers from asthma or anaphylaxis we require your doctor to fill out a management plan which can be found in this Camp information pack on our website www.plast.org.au

Allergies to:

- | | | | |
|-------------------------------------|--------------------------------------|-----------------------------------|--|
| <input type="checkbox"/> Penicillin | <input type="checkbox"/> Other drugs | <input type="checkbox"/> Any food | <input type="checkbox"/> Other allergies |
|-------------------------------------|--------------------------------------|-----------------------------------|--|

Please specify: _____

Any special care required, please specify: _____

Tetanus Immunisation:

Last tetanus immunization was: _____

If over ten years since last immunization, please tick if booster is to be arranged by parents before the camp

Tablets and medications:

Is the individual currently taking tablets and/or medicine? Yes No

If yes, please state name of medication, dosage etc. _____

In the case of a plastun/plastunka participating in the UPN or UPY programs:

All medicines must be handed to the first aid leader on arrival, with your child's name, the dose to be taken and when it should be taken.

Previous Experience

Is this the first time the plastun/plastunka has been away from home? Yes No

Authorisation for Medical Treatment

In the event that the camp administration cannot contact me, or it is otherwise impracticable to contact me, I authorize the camp administration to:

- Consent to the provision of such medical or surgical attention as may be deemed necessary by a qualified medical practitioner
- Administer such first aid as may be judged to be reasonably necessary

I understand that the costs associated with such treatment will be my sole responsibility

I will undertake to update this information, if necessary, prior to camp.

Parent/Guardian/Participant (over 18 years) Signature:

Name: _____

Signature: _____

Date: _____

Anaphylaxis Management Form

The following confidential information is required to assist in the proper management of anaphylaxis sufferers whilst at *Tabir (26 December 2014 – 3 January 2015)*. Please complete and attach to the Parent Consent Form (if applicable)

Child's Name: _____

Please seek the advice of the asthmatic's doctor if necessary when completing this form.

1. What treatment/medication/epipen should be used in the event of an allergic reaction? Please

provide details: _____

2. List any known allergies:

If your child is prone to severe allergic reaction, a letter from the child's doctor stating the doctor's decision about attendance at the camp must accompany this form when it is returned.

I declare that the information provided on this form is complete and correct.

Parent/Guardian Signature:

Name: _____

Signature: _____ Date: _____